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cont

9. (Amended) Oil according to Claim 4 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

10. (Amended) Oil according to Claim 4 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

Please add the following new claims:

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14. (New) A soybean material containing 15-80% by weight of the germ content, which is produced by the method according to Claim 2.

15. (New) Oil prepared from a soybean material containing 15-80% by weight of the germ content which is produced by the method according to Claim 2.

16. (New) Oil according to Claim 5, in which a content of Campesterol in the total sterol is 7.0-14% by weight or less.

17. (New) Oil according to Claim 6, in which a content of Campesterol in the total sterol is 7.0-14% by weight or less.

18. (New) Oil according to Claim 7, in which a content of Campesterol in the total sterol is 7.0-14% by weight or less.

19. (New) Oil according to Claim 15, in which a content of Campesterol in the total sterol is 7.0-14% by weight or less.

20. (New) Oil according to Claim 5 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

21. (New) Oil according to Claim 6 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

22. (New) Oil according to Claim 7 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

23. (New) Oil according to Claim 8 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

24. (New) Oil according to Claim 15 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

25. (New) Oil according to Claim 16 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

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26. (New) Oil according to Claim 17 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

27. (New) Oil according to Claim 18 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

28. (New) Oil according to Claim 19 in which a total content of Δ^7 -Stigmastenol, Δ^7 -Avenasterol, and Citrostadienol in the total sterol is 20-51% by weight.

29. (New) Oil according to Claim 5 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

30. (New) Oil according to Claim 6 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

31. (New) Oil according to Claim 7 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

32. (New) Oil according to Claim 8 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

33. (New) Oil according to Claim 9 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

34. (New) Oil according to Claim 15 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

35. (New) Oil according to Claim 16 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

36. (New) Oil according to Claim 17 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

37. (New) Oil according to Claim 18 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

38. (New) Oil according to Claim 19 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

39. (New) Oil according to Claim 20 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

40. (New) Oil according to Claim 21 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

41. (New) Oil according to Claim 22 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

42. (New) Oil according to Claim 23 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

43. (New) Oil according to Claim 24 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

44. (New) Oil according to Claim 25 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

45. (New) Oil according to Claim 26 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.

46. (New) Oil according to Claim 27 which contains tocopherol in an amount of 100 mg or more per 100 g of the oil.